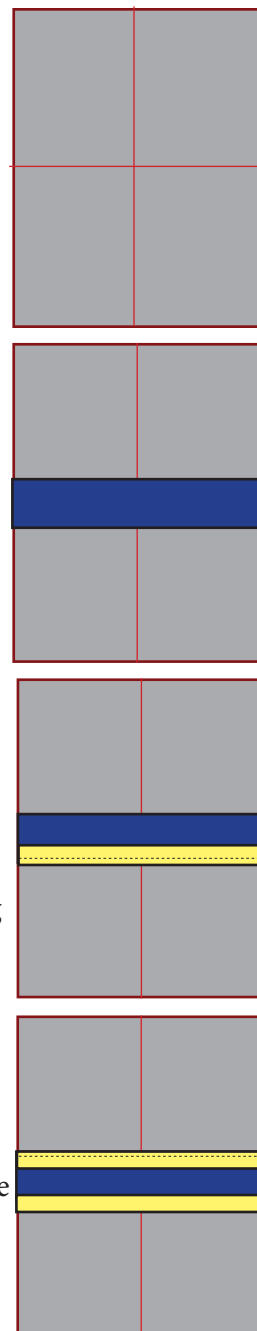


Cuddle® Stitch and Flip Method

1. Prepare backing and batting by cutting to size listed on pattern.
2. For horizontal/vertical layout, draw lines with a permanent marker in the center of the batting both horizontally and vertically, as shown to right.
3. Lay backing on flat surface, wrong side up. Center the batting onto the backing fabric with markings up.
4. Holding together, flip both pieces over so batting is on the table, backing is right side up.
5. Fold back the backing fabric halfway and spray the wrong side of fabric with adhesive.
6. Smooth the backing fabric over the batting, easing out wrinkles as you go.
7. Peel back the backing on the unglued side. Spray with adhesive and smooth the backing fabric back into place, easing out wrinkles as you go.
8. Flip pieces over so batting side is up. Markings should be visible on batting.
9. Spray adhesive on the batting, covering the center line, in an area about the width of your strip.
10. Find the center, both widthwise and lengthwise, of your first strip and mark with pins.
11. Place this strip in place, centering the pin on the vertical line, covering the horizontal lines. Turn, if necessary, so nap goes from top to bottom of quilt.
12. Place the second strip, right sides together, over the first, pin in place. Keep the nap going in the same direction (Note: It will be going in the opposite direction when sewing strips right sides together).
13. Stitch strip using a 1/2" seam allowance, sewing through all layers (backing, batting, and two strips).
14. Place freezer paper strip behind the strip previously sewn and spray strip with adhesive. Begin in the center of the strip and smooth outward, turning second strip over (right side up) positioning it in place. Smooth out wrinkles as you go.
15. Continue working from the center outward (in both directions). Continue adding strips as the pattern requires, being mindful of the nap. Strips may be a solid piece of fabric or pieced.



Shannon
F A B R I C S

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