

Traffic Light Pillow

Approximate Finished Size: 8" x 16" diameter

It's all GO! with this traffic light pillow. It's a perfect addition to any playroom or child's bedroom. The narrow band and easy appliqué make completing this pillow a green light.

Fabric Requirements (as shown)

- 5/8 yard Cuddle® 3 Black, Pillow
- 6" x 6" square each: Cuddle® 3 Red, Yellow, & Kelly Green, Traffic Lights

Suggested Notions

- Batting, 2 (10" x 18") rectangles
- Polyester filling for stuffing
- 90/14 stretch machine needle
- Polyester thread: black, red, yellow, and green
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Basting spray
- Walking foot

Pattern designed by Gayle Camargo for Shannon Fabrics.



For more information on sewing with Cuddle®, scan the QR code or go to:
offers.shannonfabrics.com/beginner



The information in this pattern is presented in good faith.
Every effort has been taken to assure the accuracy herein.

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DIRECTIONS

Read *Cuddle® Basics* before beginning.

Right Side

Wrong Side

Cutting

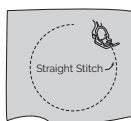
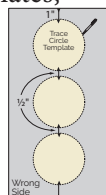
- From Cuddle® 3 Black, cut:
 - 2 (9" x 17½") rectangles, *Front & Back*
 - 1 (2" x 54") strip, *Band*.
- From Red, Yellow, and Kelly, cut:
 - 1 Circle* each color, *Traffic Lights*.
- From cardstock, cut:
 - 1 Circle*.

Assembly

Stitch the Traffic Light outlines

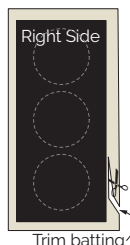
- On the wrong side of the Front, mark the center top and center bottom. Connect the lines.
- Also on the wrong side, use the cardstock template to trace three Circles. Center the templates, starting the first circle 1" from the top with ½" between the circles.
- Using black thread, sew a straight stitch along the marked line.

Note: The sewn line will aid in placing the lights in a future step.



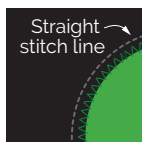
Add the batting

- Spray baste wrong side of Front and Back. Smooth onto batting.
- Trim batting to the pillow edge.



Add appliqués

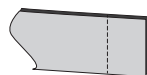
- Spray baste backs of appliqués.
- Smooth into place on Front, using the stitched lines as guides. Have nap running down.
- Zigzag or blanket stitch around each appliqué. Match thread color to the appliqué color.
- With black thread, straight stitch around each appliqué.



Note: The extra stitching line adds definition to each light.

Prepare the Band

- Sew short ends of the Band strip together into a circle.
- Fold Band in half with one seam allowance at the end. Mark the fold. Fold in half again. Mark the quarter points.

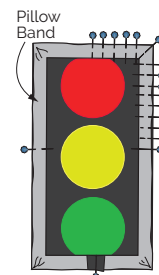


Attach the Band to the Front

- Fold the Front in half vertically. Fold again horizontally. Pin mark the quarter points.
- With the nap going away from the Front, match Band seam line to the bottom pin mark.
- Pin top mark of Band to the top mark of the Front.
- Pin quarter marks of the Band to the side pin marks.

- Continue to pin Band to Front.

Note: Pin halfway between initial pins, then halfway between those pins, and so on. Pin a lot.



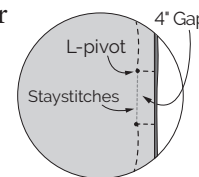
- Sew the Band to the Front.

Finishing

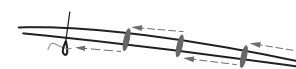
- Mark a 4" turning gap on the Back.
- Staystitch between marks. Staystitch a corresponding 4" gap on Band.
- Pin the Back to the Band.

- Sew the Back to the Band, leaving the 4" gap open for turning. Sew an L-pivot at the gap.

Note: The L-pivot secures seam ends as the pillow is turned and helps the seam allowance turn in at the gap.



- Turn pillow right side out. Stuff as desired.



- Pin the turning gap closed. Hand sew with a ladder stitch.

Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.

Cuddle® Basics

- Seam allowances are ½" unless otherwise noted.
- Use a felt tip marker or ballpoint pen to trace appliqués or mark measurements on reverse side of Cuddle®.
- Cut Cuddle® with a rotary cutter, craft knife, or scissors.
- Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
- Sew with polyester thread in the top and the bobbin.
- Reduce presser foot pressure when sewing multiple layers.
- Increase stitch length to 3–4 mm.
- Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
- Backstitch at the beginning and end of each seam.
- Use an even-feed or walking foot, if possible. It makes a difference!



* Use Templates

TRAFFIC LIGHT PILLOW

Lights

Cut 1 Each from Cuddle®
Red, Yellow, and Kelly Green

Cut 1 template from Cardstock

