

Self-Binding Your Quilt with Cuddle®

Have a beautiful pieced-cotton quilt top? Consider backing and self-binding it with Cuddle®—the ultimate in comfort. Create a 1" binding without having to cut strips!

Here's how:

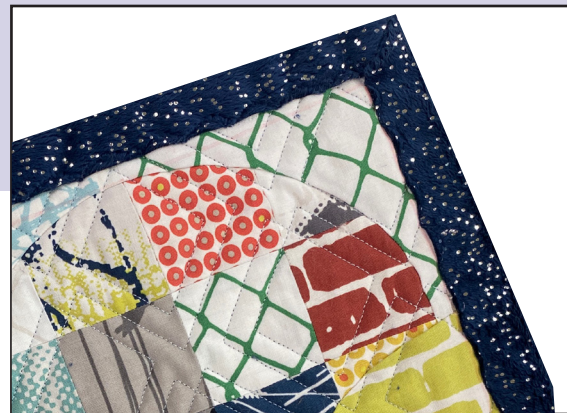


PHOTO CREDIT: TERESA COATES

Which Cuddle® should I use for backing/binding?

Cuddle® 3 is always a favorite. Luxe Cuddle® is another good option. Try these Luxe options:

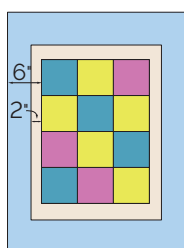
- Hide or Frosted Hide
- Galaxy
- Glacier
- Mirage (80")

WASHING INSTRUCTIONS

- Prewash red and dark colors.
- For best results, wash finished projects in cool water with a gentle detergent.
- Do not use fabric softener or dryer sheets.
- Tumble in a no-heat dryer for about ten minutes. Hang until dry.

1 Cut the batting and backing.

Cut batting 2" wider on all sides than the outside pieced quilt edge (before it is quilted).
Cut backing 6" wider on all sides than the outside quilt edge.

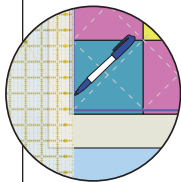


2 Make a quilt sandwich. Quilt.

Smooth backing, wrong side up, on a flat surface. Center batting on backing. Right side up, center quilt top on top. Spray baste the layers together. Quilt on your domestic machine or on a longarm, as desired.
Do not trim.

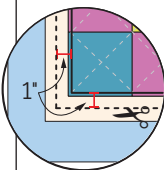
3 Mark a stitching line for binding.

To mark the location of the final binding stitch: use a fabric-safe marker and a long ruler to draw a line on each edge of the quilt. Usually, this is about 1/4" in from the edge.



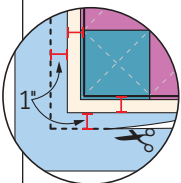
4 Mark and trim batting.

Mark another line 1" outside the line drawn in Step 3. Trim batting to this line. *Note: Take care not to nick the backing as you trim.*



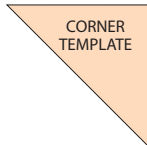
5 Mark and trim backing.

Draw a third line 1" beyond the batting line. Trim backing on this line.



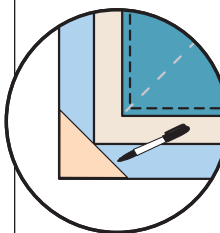
6 Trace the Corner Template.

Trace the Corner Template on template plastic or card stock. Cut out the template.



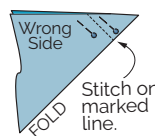
7 Mark the four corners.

Place Corner Template on wrong side of Backing. Use Template to mark a diagonal stitching line on each corner. *Note: This marked line is a stitching line. Do not cut on this line!*



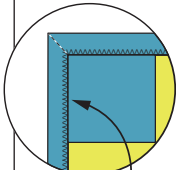
8 Sew the mitered corners.

Right sides together, fold the corner on the diagonal, matching the marked line. Pin on both sides of the line. Stitch each corner on the line. Trim seam allowance.



9 Complete the binding.

Flip binding and mitered corners over batting and onto the quilt. Pin edges through all layers, parallel to the raw edge. Using a wide zigzag (4x4mm) or serpentine stitch, sew the raw edge of the border around entire blanket. Tuck quilt edges under border.



CORNER TEMPLATE

PRINT @ 100%
Cut from template plastic or card stock.