

# Touchdown Football Pillow

*Approximate Finished Size: 12" length*

*Warm the heart of any football fan with this soft and cozy pillow. Gentle curves make for easy construction. No fumbles, just fun!*

## Fabric Requirements (as shown)

- $\frac{3}{8}$  yard of Cuddle® 3 Brown
- 5" x 15" rectangle of Cuddle® 3 Snow

## Suggested Notions

- Polyester fiberfill, *for stuffing*
- 90/14 stretch machine needle
- Polyester thread, brown and white
- Felt tip marker or ballpoint pen
- Silver felt tip marker
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Basting spray
- Stiletto
- Point turner
- Walking foot



For more information on sewing with Cuddle®, scan the QR code or go to:  
[offers.shannonfabrics.com/beginner](https://offers.shannonfabrics.com/beginner)



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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Approximate Finished Size: 12" length

## DIRECTIONS

- Read *Cuddle® Basics* before beginning.

Right Side Wrong Side

## Cutting

Cut wedges with the nap running down.

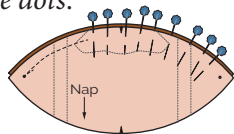
- From Cuddle®3 Brown, cut:
  - 4 from Wedge Template.
  - With a silver marker, transfer Stripe markings to the wrong side of all 4 Wedges. Transfer the Lacing Outline markings to the wrong side 2 of the Wedges, nap going down.
- From Cuddle®3 Snow, cut:
  - 4 (¾" x 14") strips, *Stripes*.
  - 1 (¾" x 5") strip, *Lacing*.
  - 5 (¾" x 1¼") strips, *Lacings*.

## Assembly

Create the halves

- Pin the 2 wedges with the Lacing Outline markings, right sides together, with the nap on each piece going down. Match the end dots and the center marks.  
*Note: Football will be assembled in 2 sets of 2 wedges each.*
- Start at the dot near one point. Sew wedges together, backstitching at the beginning and end. *Do not stitch beyond the dots.*

*Tip: A stiletto will help hold the fabric in place as you feed it under the walking foot.*

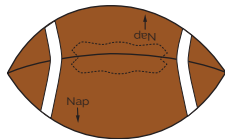


- Using the same process, *but with the nap running toward the seam*, sew the other 2 wedges together.  
*Note: You now have a top and bottom half.*

Add the *Stripe appliqués*

- With the wrong side up, stitch once along the markings for the *Stripes* on both halves.  
*Note: This stitching provides guidance for placing the Stripes.*
- Using brown thread in top and bobbin, stitch around the Lacing Outline 3 times.  
*Note: This stitching will go over the center seam and will become the Lacing Outline on the right side.*

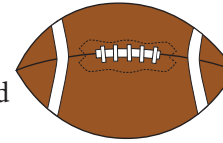
- Spray baste the wrong side of the 4 (14") strips.
- Smooth the strips on the right side of each of the Wedge sections between the stitched markings.
- With white thread, use a zigzag stitch to appliqué the *Stripes* to the Wedges.
- Trim the white ends even with the sides of the Wedges.



Add the *Lacing appliqués*

- Spray baste the wrong side of the remaining white strips.
- Center the 5" strip on the seam between the Lacing Outline.

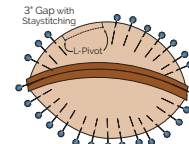
- With white thread, zigzag around the center Lacing appliqué.
- Smooth the short laces equally spaced along the center strip. Zigzag around the laces.



Complete the football

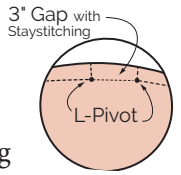
- Mark a 3" gap for turning on the wrong side of one section and a 3" gap on the matching side of the other half.
- Staystitch between the marks on both sections.
- With right sides together, nest the halves. Pin.

*Note: Open seam allowances and match the marked dots of the seams on each half. This helps to flatten the top and bottom junctions.*



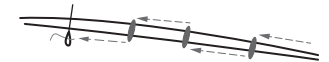
- Starting at the gap, sew the halves together around the outer edge, matching the dots. Stitch an L-Pivot at the gap.

*Note: The L-pivot secures seam ends when turning the ball right side out. It also helps the seam allowances turn in at the gap, making the hand sewing easier.*



## Finishing

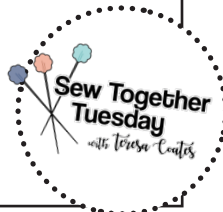
- Turn football right side out. Trim seams at the ends, if needed.
- Stuff with fiberfill to the desired fullness.
- Pin the turning gap closed
- Hand sew with a ladder stitch.

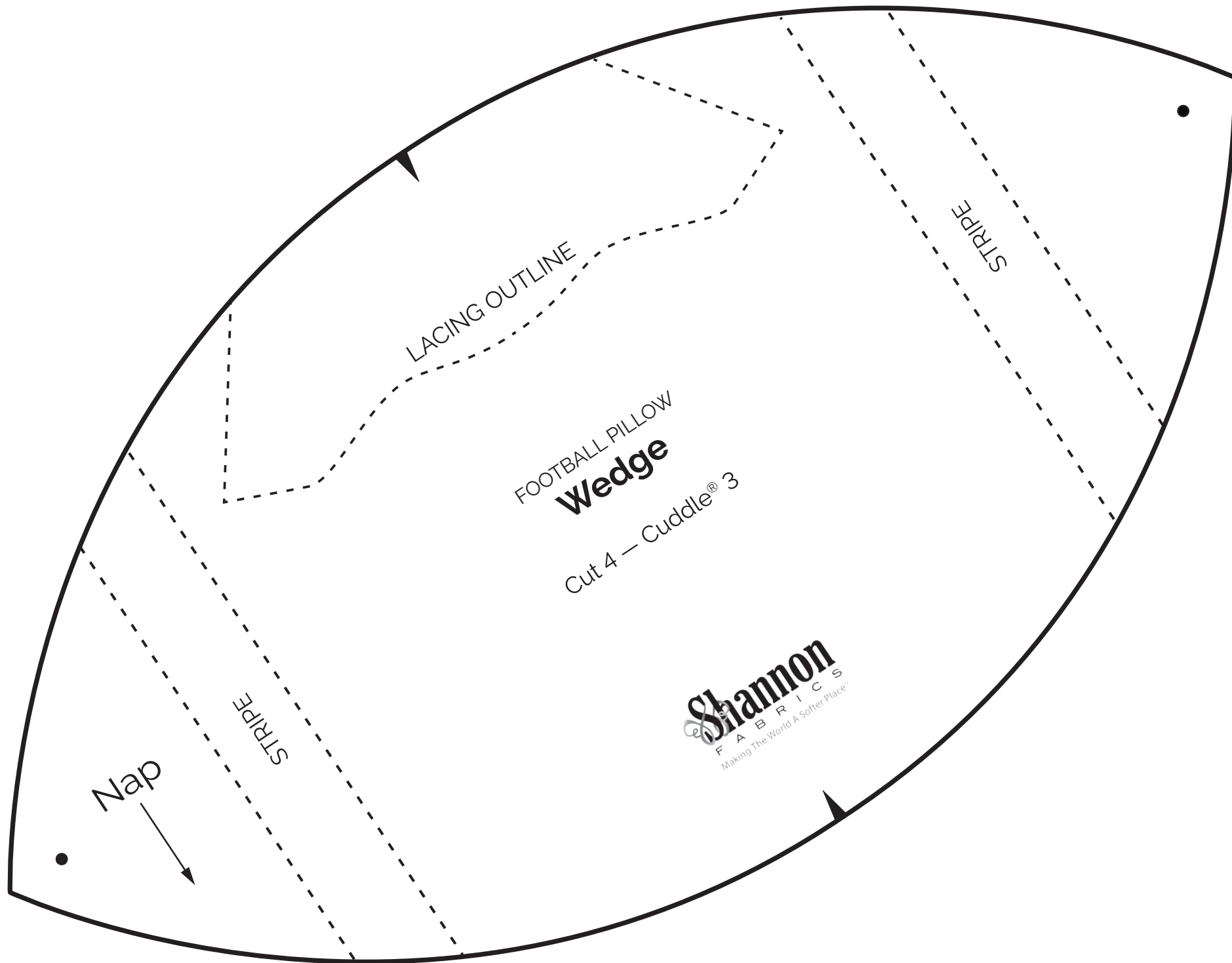


*Ladder Stitch: Use polyester thread and a hand sewing needle to catch one side of the opening, then the other. Tighten every few stitches.*

## Cuddle® Basics

- Mark measurements on reverse side of Cuddle® with a felt tip marker or ballpoint pen.
- Cut Cuddle® with a rotary cutter, craft knife, or scissors.
- Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
- Sew with polyester thread in the top and the bobbin.
- Reduce presser foot pressure when sewing multiple layers.
- Increase stitch length to 2.5–3 mm.
- Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
- Backstitch at the beginning and end of each seam.
- Seam allowances are ½" unless otherwise noted.
- Use an even-feed or walking foot, if possible. It makes a difference!





LACING OUTLINE

FOOTBALL PILLOW  
**Wedge**  
Cut 4 — Cuddle® 3

STRIPES

STRIPES

Nap

**Shannon**  
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