Cuddle® Cocoon Wrap

Approximate finished size: Medium: 80" x 35"; Tall: 80" x 39"

Soft, comfy, and easy to make, the Cuddle® Cocoon Wrap will be your go-to for a evening out, a night at the movies, running errands, or simply as an extra layer of warmth at home. With its easy construction, you'll want to create several!

Fabric Requirements

- *Medium:* 1 yard of Luxe Cuddle®
- *Tall:* 1⅛ yard of Luxe Cuddle®

Necessary Notions

- 1½ yards elastic, ⅜" wide

Suggested Notions

- 90/14 stretch machine needle
- Polyester thread
- Felt tip pen and/or fabric-safe marker
- Rotary cutter, mat, and acrylic ruler
- Micro-serrated scissors and/or craft knife
- Long, flower head pins and/or fabric clips
- Bodkin or large safety pin
- Stiletto
- Dual-feed or walking foot, *if available*

Cover (left to right): Luxe Cuddle® in Snowy Owl Natural, Vienna Black, and Iced Vienna Chocolate

Pattern designed by Lisa Lueck for Shannon Fabrics

For more information on sewing with Cuddle®, scan the QR code, or go to shannonfabrics.com/learning-center

Shannon FABRICS
Making The World A Softer Place™

The information in this pattern is presented in good faith. Every effort has been taking to assure the accuracy herein.

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Shannon FABRICS
Making The World A Softer Place™

Cuddle®
Cocoon Wrap



Cuddle® Basics

IF THIS IS YOUR FIRST TIME with Cuddle®—or your tenth!—these simple guidelines will make your sewing experience a pleasure.

1. **Seam allowances** are ½" unless otherwise noted.
2. **Mark measurements** on the wrong side of Cuddle® with a felt tip pen or fabric safe marker.
3. **Cut Cuddle®** with a rotary cutter, craft knife, or micro-serrated scissors.
4. **Shake cut pieces** or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. **Sew with polyester thread** in the top and the bobbin.
6. **Reduce presser foot pressure** when sewing multiple layers.
7. **Increase stitch length** to 3–4 mm.
8. **Double pin** by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. **Backstitch** at the beginning and end of each seam.
10. **Use a walking or dual-feed foot**, if possible. It makes a difference!

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Suggested Tools for Working with Cuddle®

- Machine needle: 90/14 stretch needle
- Polyester thread
- Felt tip pen
- Fabric safe marker
- Rotary cutter and mat
- Micro-serrated scissors
- Craft knife
- Long, flower head pins
- Fabric clips
- Stiletto
- Point turner
- Basting spray
- Walking or dual-feed foot

How to Wash Cuddle®

- Machine wash on gentle with cool water. (Do not use fabric softener!)
- Machine tumble on no heat for about ten minutes.
- Hang until dry.

SEW TOGETHER
SHANNON FABRICS

Cuddle® Cocoon Wrap

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DIRECTIONS

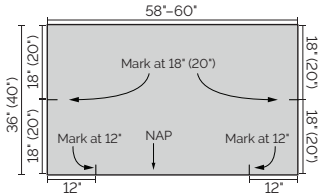
- Read *Cuddle® Basics* before beginning.
- Seam allowances are ½" unless noted.
- Instructions are shown for Medium, with Tall in parenthesis.

Right Side | Wrong Side

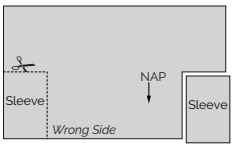
Cutting

Prepare the Cocoon body

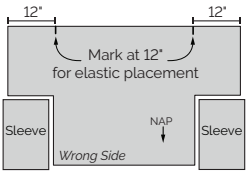
1. Spread fabric face down on a flat surface, with the nap running from top to bottom.
2. To create the Sleeves:
   - Mark 18" (20") down from the top edge on each side.
   - Mark 12" in from each side on the lower edge.



3. Extend the marks, forming 12" x 18" (20") rectangles on the lower corners.
4. Cut on lines, creating the Sleeves. Set aside for now.

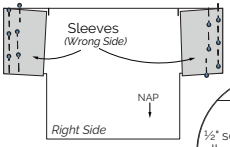


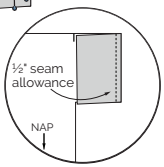
5. For the elastic placement, mark 12" from both sides on the top edge.



Add Sleeves

1. With right sides together and naps running down, pin a Sleeve to each side.



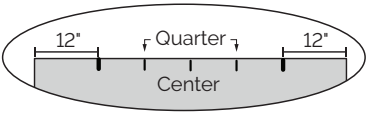


2. Sew each Sleeve.

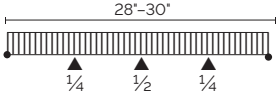
   Note: Final Sleeve length will be trimmed in a later step.

Add the neckline elastic

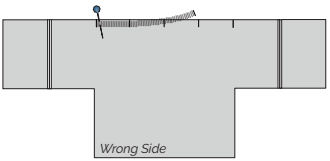
1. On wrong side of the wrap body, mark the center and quarter points between the elastic placement marks.



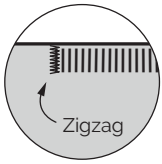
2. Cut elastic to 28" (30").
3. Fold elastic in half and in half again. Mark these points.



4. *Wrong side up,* pin one end of the neck elastic to one elastic placement mark.



5. Zigzag the elastic to the mark.



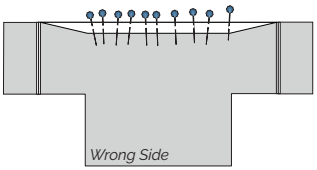
6. Stretch the elastic to the other mark. Pin to that mark. Zigzag that end in place.

   Note: The elastic will pull away from the neckline a bit as it is not stitched down yet.

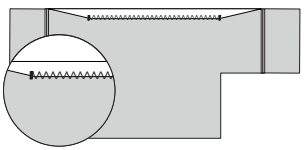
7. Pin quarter and center marks of the elastic to the corresponding marks on the body.
8. Baste the elastic to the body at these points.

   Note: This keeps elastic evenly spaced during construction.

9. Fold ½" of the top edge over the elastic. Gently stretch the elastic as you fold. With the elastic stretched, pin at the center and quarter marks. Pin frequently between those pins.

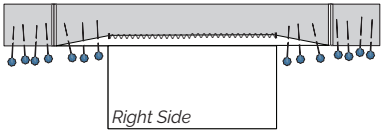


10. Zigzag (4.5x4.5mm) the raw edge between the end points of the elastic, stretching and catching the elastic as you stitch.



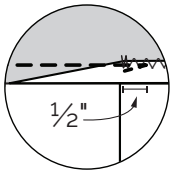
Determine the sleeve length

1. Right sides together, fold each side of the top edge down to meet the lower edge of the arm. Pin in place.



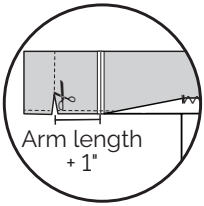
2. Sew from the wrist toward the underarm. Backstitch ½" past the 90° corner.

   Note: This will create a smooth transition at the underarm for hemming.



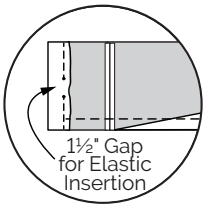
3. Try on your wrap. Determine and mark your preferred sleeve length.
4. Add 1" for the casing. Cut at this length.

   Note: Check that both sleeves are the same length.



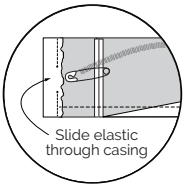
Make the casing

1. At each wrist, fold 1" back to form a casing for the elastic.
2. Stitch close to the raw edge. Leave a 1½" gap to insert the elastic.

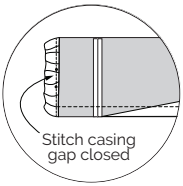


3. Measure the circumference of your wrist. Add 2" for ease and overlap. Cut 2 pieces of elastic to this length.

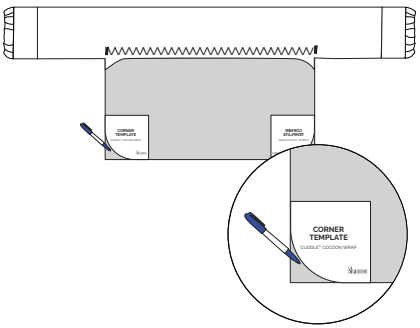
4. Use a bodkin or safety pin to feed elastic through the gap. Overlap the ends ½".



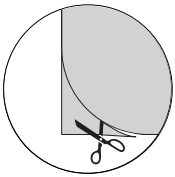
5. Zigzag the ends of the elastic together.
6. Stitch the casing gap closed. Repeat for the other sleeve.



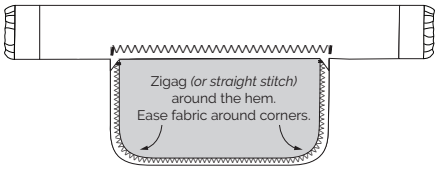
7. Turn the wrap right side out. Try on to determine preferred back length. Pin mark the length. Add ½" for the hem.
8. Trim the lower edge to this length, if desired.
9. Use the Corner Template to mark both corner curves on the wrong side.



10. Trim each curve along the marked line.



11. Starting under one arm, turn under a ½" hem down one side, across bottom edge, and up the other side to the underarm.
12. Zigzag (or straight stitch) in place. Ease the fabric around the corners.



All done!
Time to enjoy your Cocoon Wrap!

CORNER TEMPLATE

CUDDLE® COCOON WRAP

Print at 100%

Shannon FABRICS

So many ideas . . .



Change the fabric—change the look!

The Cuddle® Cocoon works for a quick trip to the grocery store, a night on the couch watching old movies, or a special evening at the opera.

Select a basic Cuddle® solid or use choice from the many sumptuous Luxe Cuddle® options.





Luxe Cuddle® Fabrics
Top: Iced Vienna Chocolate; Lower Row: Snowy Owl Natural, Vienna Black