

# Sweet 16 Pillow

*Approximate Finished Size: 14" x 14"*

*Using sixteen 6" squares of Cuddle® and a clever construction, this pillow is so much fun to make. Choose a few different colors and prints—we love the options in the Whispering Blooms Collection!*

## Fabric Requirements (as shown)

- 16 (6" x 6") squares in a variety of Cuddle®

*As shown: Quilting Cuddle® Whispering Springs:*

- 4 squares Dream Weaver Snow (Print)
- 4 squares Leaf
- 4 squares Dark Sea

*Luxe Cuddle®:*

- 4 squares Hide Spruce

## Suggested Notions

- Polyester filling — or —15" square pillow insert
- 90/14 stretch machine needle
- Polyester thread
- Felt tip pen or fabric-safe marker
- Rotary cutter and mat
- Micro-serrated scissors and/or craft knife
- Long, flower head pins
- Fabric clips
- Walking foot

*Pattern designed by Gayle Camargo for Shannon Fabrics.*

*On the cover are fabrics from:*

*Quilting Cuddle® Whispering Blooms Dream Weaver Fat Quarter Pack*



*For more information making the Sweet 16 Pillow, tune in to this episode of Sew Together Tuesday. Scan the QR code or go to: [youtube.com/watch?v=Z041loV8snl](https://youtube.com/watch?v=Z041loV8snl)*

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Approximate Finished Size: 14" x 14"

## DIRECTIONS

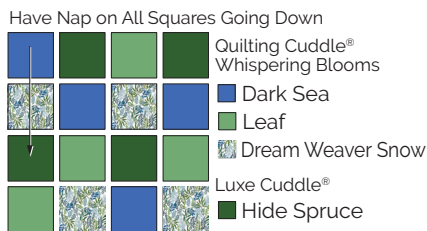
- Read *Cuddle® Basics* before beginning.
- Seam allowances are ½".

## Cutting

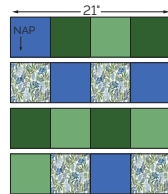
1. Cut 16 (6" x 6") squares of assorted Cuddle®.
2. Mark the nap on the back of each square.

## Assembly

1. Arrange the 6" squares in a 4x4 grid, with all naps going down.



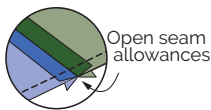
2. Sew the squares into 4 rows of 4 squares each. Finger press the seams open.



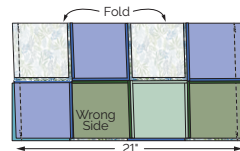
*Note: Each finished row of 4 squares should measure 6" x 21".*

3. Pin the rows together. Match the seams and pin seam allowances open. Sew the 4 rows together, forming a square.

*Note: The finished square should measure 21" x 21".*



4. With nap running down, fold the top two rows down, right sides together.
5. Sew the short sides together. Backstitch at each end.

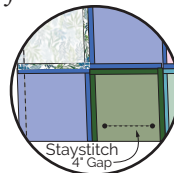


## Form the pillow

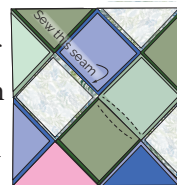
1. On the top layer, mark a 4" turning gap on the open edge.

*Note: Mark an 8" gap if using a pillow insert.*

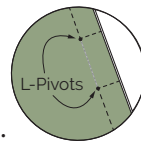
2. Staystitch between the marks, ½" from the edge.



3. With the open sides slightly apart, hold and pull the center of both edges apart. Join the fabric so that the seam runs diagonally down the center.



4. Staystitch a corresponding gap on opposite seam edge.
5. Sew the seam, leaving the turning gap open. Sew L-Pivots at the gap.



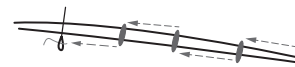
*Note: L-Pivots secure the seam ends when the pillow is turned and also help the seam allowance turn in for hand sewing.*

## Finishing

1. Turn the pillow right side out. If needed, use low heat and a pressing cloth to give the pillow a gentle pressing.

*Note: Test on a scrap first.*

2. Pin the turning gap closed. Hand stitch with a ladder stitch.



*Ladder Stitch: Using doubled polyester thread and a hand sewing needle, catch one side of the opening, then the other. Pull to tighten every few stitches.*

## Cuddle® Basics

1. Seam allowances are ½" unless otherwise noted.
2. Use a felt tip pen or fabric-safe marker to trace appliqués or mark measurements on reverse side of Cuddle®.
3. Cut Cuddle® with a rotary cutter, craft knife, or scissors.
4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
5. Sew with polyester thread in the top and the bobbin.
6. Reduce presser foot pressure when sewing multiple layers.
7. Increase stitch length to 3–4 mm.
8. Double pin by using 2 rows of pins—the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
9. Backstitch at the beginning and end of each seam.
10. Use an even-feed or walking foot, if possible. It makes a difference!



SEW TOGETHER

SHANNON FABRICS

## Mix + Match

The Sweet 16 Pillow is a great showcase for your Cuddle® stash. Here are some ideas:

- Cut 8 (6") squares from a solid fabric. Use a variety of prints for the other 8 squares.
- Mix and match similar colors, but experiment with different Luxe Cuddle® textures.
- Get together with your Cuddle®-loving friends, and swap squares for even more variety.

Stash Buster