Sleepover Cinch Sack

Approximate Finished Size: 12" x 15"

The perfect-sized tote for your little one to pack jammies to go to Grandma's house—or a few toys and a lovey for a road trip. If desired, add small embroidery on the front for just the right touch.

Fabric Requirements (as shown)

- ½ yard Cuddle 3; or 2 (13" x 16") rectangles
- ½ yard coordinating quilting cotton

Suggested Notions

- 2 (60") lengths of thin cording or ribbon
- Snap or hook-and-loop tape, optional for pocket closure
- 90/14 stretch machine needle
- Polyester thread
- Rotary cutter and mat
- Micro-serrated scissors
- Long, flower head pins and/or fabric clips
- Walking foot

Optional, for machine embroidery

- Machine embroidery design
- Machine embroidery thread in desired colors
- Medium cut-away stabilizer
- Water-soluble embroidery topping
- Woven fusible stabilizer

 $Pattern\ design\ by\ Teresa\ Coates\ for\ Shannon\ Fabrics.$

 $Embroidery\ designs\ by\ Reen\ Wilcoxson\ of\ Embroidery\ Garden. com.$



For a video tutorial on sewing the Sleepover Cinch Sack, scan the QR Code or go to: www.youtube.com/live/D1qRzUYg9B0



The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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Approximate Finished Size: 12" x 15"

DIRECTIONS

- Read Cuddle® Basics before beginning.
- Use 1/2" seam allowance on all fabric.

Cutting

- 1. From Cuddle® 3, cut:
 - 2 (13" x 16"), *Outside Front & Back*.
- 2. From quilting cotton, cut:
 - 1 (13" x 16"), *Lining Front*.
 - 1 (13" x 5"), *Lining Top*.
 - 1 (13" x 12"), *Lining Bottom*.
 - 1 (8" x 11"), Pocket.
 - 2 (3" x 11½"), Cord Channels.
 - 1 (2" x 9"), *Bottom Loops*.
- 3. From thin cording, cut:
 - 2 (60") lengths.

Assembly

Note: Before assembly, embroider the Outside Front, if desired. Center the design at least 4" from the bottom.

Make the bottom loops

- 1. Press the 2" x 9" Bottom Loop piece in half lengthwise.
- 2. Open and press raw edges to meet at the center fold.
- 3. Fold again to create a ½" x 9" strip. Press. Topstitch close to each edge.
- 4. Trim to 2 (2" x 4") Bottom Loops.



Add the Bottom Loops

- 1. On the Outside Front, pin one end of a Bottom Loop 1" up from the lower edge.
- 2. Fold strip in half and pin other end of the loop right above first end.

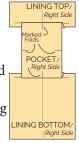
- 3. Pin the other loop on the other side.
- 4. Sew in place.

Add the Cord Channels

- 1. With right sides together and naps going down, sew the Outside Front and Outside Back pieces together along sides and bottom. Set aside.
- 2. Fold ¼" over the short end of the Cord Channel twice. Press. Sew the hem.
- 3. With right sides together, fold each strip in half lengthwise, creating 2 (1½" x 11") Channels
- 4. With raw edges aligned, center a Cord Channel against the right side of the Outside Front and Back. Sew in place.

Complete the Lining and Pocket

- 1. Fold Lining Top and Lining Bottom in half widthwise to find center. Finger press to mark.
- 2. Fold pocket in half vertically. Finger press the edge.
- 3. With right sides facing, pin the 8" edge of the Pocket to Lining Top and the opposite 8" edge to Lining Bottom, matching the marked folds.



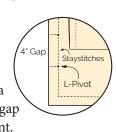
 Sew Pocket to Lining Top and Bottom. Press seam toward the Pocket.

- Fold Pocket in half widthwise. Match the edges of the Pocket and the Lining Top and Bottom.
- 6. Sew from one side toward the Pocket, pivot, and sew down the Pocket. Repeat on other side.



Optional: Add a snap or hook-and-loop tape to keep the pocket closed.

7. Mark a 4" turning gap on the Lining Botton. Staystitch between the marks. Staystitch a corresponding 4" gap on the Lining Front.



- 8. Leaving the turning gap open, sew Lining Front to completed Lining/Pocket along sides and bottom. Sew L-Pivots at the gap to secure the seam ends.
- 9. Turn Lining right side out.

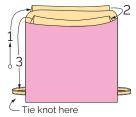
Cuddle® Basics

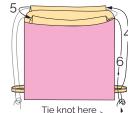
- 1. Seam allowances are ½" unless otherwise noted.
- Mark measurements on reverse side of Cuddle[®] with a felt tip marker or ballpoint pen.
- Cut with a rotary cutter, craft knife, or scissors.
- 4. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
- 5. Sew with polyester thread in the top and the bobbin.

Finishing

- 1. Turn Outside Cuddle® piece inside out. Slip the Lining into it.

 Note: Right sides will be together.
- 2. Sew completely around the top edge.
- 3. Turn right side out through the gap in the Lining. Machine or hand sew the turning gap closed.
- 4. Feed cording through the back and then the front Cord Channels. Feed one end through the Bottom Loop. Knot the ends.
- 5. Feed other cording through the Channels from the other side and into the other Bottom Loop. Knot the ends.





- 6. Reduce presser foot pressure when sewing multiple layers.
- 7. Increase stitch length to 3-4 mm.
- 8. Double pin by using 2 rows of pins the first row every 1½" along the seam line and a second row 1" to the left and parallel to the cut edge.
- Backstitch at the beginning and end of each seam.
- 10. Use an even-feed or walking foot, if possible. It makes a difference!

