

# Donut Pillow

*Approximate Finished Size: 15" x 15"*

*Skip the calories and keep the cute! This darling pillow uses a clever (and easy!) technique for turning the donut shape.*

## Fabric Requirements

- ½ yard, Cuddle® 3 Latte
- ½ yard, Cuddle® 3 Dusty Rose
- Cuddle® scraps for sprinkles

## Suggested Notions

- Batting, 2 (18" x 18") squares
- Polyester fiberfill, 16 oz.
- 90/14 stretch machine needle
- Polyester thread
- Felt tip marker or ballpoint pen
- Rotary cutter and mat
- Craft knife
- Micro-serrated scissors
- Hand sewing needle
- Long, flower head pins
- Walking foot
- Point turner or chopstick
- Basting spray



For more information on sewing with Cuddle®, scan the QR code or go to: [offers.shannonfabrics.com/beginner](https://offers.shannonfabrics.com/beginner)

**Shannon**  
FABRICS

Making The World A Softer Place™

The information in this pattern is presented in good faith. Every effort has been taken to assure the accuracy herein.

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02.DP

# Donut Pillow



**Shannon**  
FABRICS  
Making The World A Softer Place™

# Donut Pillow

Approximate Finished Size: 15" Diameter

## DIRECTIONS

Read *Cuddle® Basics* before beginning.

### Pattern preparation

1. Print out the combined Donut Base/Frosting template at 200%.
2. Trace each full-size template separately onto large paper, e.g., newsprint or interfacing.
3. Cut along the outside edges of each pattern. Cut out and remove inner circles.

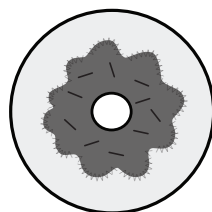
### Cutting

1. Trace the pattern lines for Donut Base (make two) and Frosting (make one) on the reverse side of the fabric.
2. Cut out the fabric pieces.
3. Cut 10–20 (¼" x 1") Cuddle® scraps in a variety of colors for sprinkles.

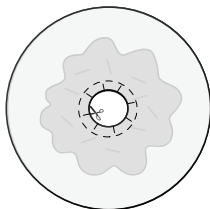
### Assembly

1. Apply basting spray to the reverse side of each Donut Base. Place each on an 18" batting square.
2. Trim batting from both the inner circle and outer edge of Donut Base.
3. Apply basting spray to the wrong side of the Frosting.
4. With both Frosting and Donut top right side up, match the inner circle of the Frosting to the inner circle of a Donut piece.

5. Double pin the outer edge of the Frosting appliqué to the Donut piece. Use a zigzag stitch on the curvy Frosting edge to attach the appliqué.
6. Pin Cuddle® sprinkles randomly on the Frosting. Straight stitch down the center of each sprinkle.



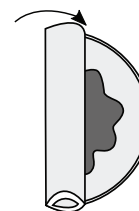
7. Lay Donut pieces, *right sides together*, and pin around the *inner circle*. Frosting is now sandwiched between the two layers.
8. Stitch around the inner circle using a ⅜" seam allowance. Make small snips in the seam allowance so it will lie flat when the pillow is turned. Take care not to clip the stitches.
9. Turn the Donut right side out, pushing one side through the center circle—the wrong sides are now together. Finger press the inner circle seam flat.



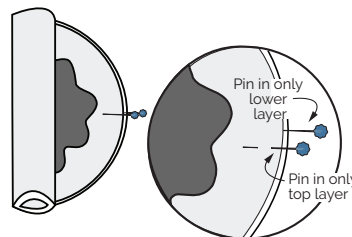
### Turn the pillow

*The pillow is turned by a method called "burrito-style." If you're new to this, follow along step by step without trying to analyze it too much. It has a magical quality to it, and the final "Aha!" moment at the end is worth it!*

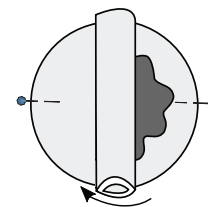
1. Roll both layers from the left side, like a burrito.
2. Put 1 pin at the same point on the Donut top and bottom.



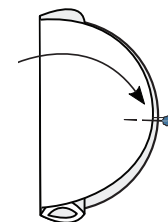
*Note: Do not pin layers together. The pins mark a point to match the top to the bottom.*



3. Bring the lower layer to the left. The pin is now opposite the pin on the edge of the Frosting layer. The fabric will be right side up.



4. Take the lower layer and flip it over the "burrito," matching the pins.

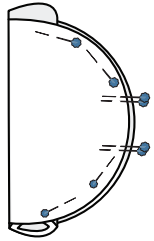


## • Cuddle® Basics

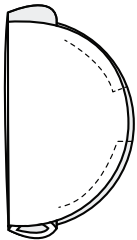
1. Trace patterns on wrong side of Cuddle® with a felt tip marker or ballpoint pen.
2. Cut with a rotary cutter or scissors.
3. Shake cut pieces or put in a no-heat dryer with a damp washcloth for a few minutes to remove loose fibers.
4. Sew with polyester thread in the top and the bobbin.
5. Reduce presser foot pressure when sewing multiple layers.
6. Increase stitch length to 3.5–4 mm.
7. Double pin by using 2 rows of pins—the first row every ½" along the seam line and a second row 1" to the left and parallel to the cut edge.
8. Backstitch at the beginning and end of each seam.
9. Seam allowances are ½" unless otherwise noted.
10. Use an even-feed or walking foot, if possible. It makes a difference!



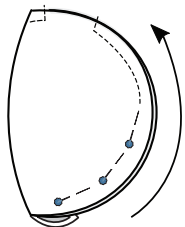
5. Pin the 2 layers together, leaving a 4" gap for turning. Avoid catching the burrito in the pins.



6. Stitch only this section of the outer edge of Donut Base using a 1/2" seam allowance. Leave the 4" gap unsewn, pivoting at the opening to create an "L". Sew to the edge of the fabric.

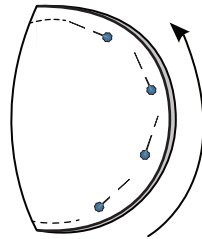


7. Slowly bring the outside edges to the right of these stitches together. Pin these layers together as you go around. (The burrito will start to unroll and the stitched section will be pulled into the middle where the burrito was. This is the step where you just have to trust the process!)



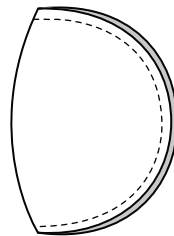
8. Continue pulling from the center in the same direction until all the outside edges are pinned together. End at the left hand side of the original stitching.

*Note: You may find it easier to work in small sections: pull, pin, and sew a few inches at a time instead of pulling the entire donut through at once and then sewing the entire circumference. Either way works!*

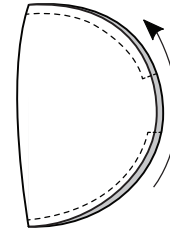


9. Stitch the rest of the outside edge closed.

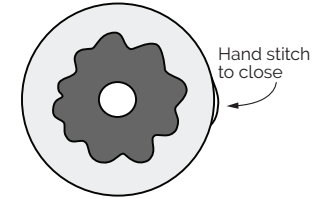
*Note: The 4" turning gap is still there, but it's now rolled in the center.*



10. Pull the outer edge around and through again, until you reach the gap. Pull the pillow right side out through the gap.



11. Use a point turner to push out the seams. Smooth along the entire outside edge.
12. Stuff to desired fullness and hand stitch the opening closed.



*Satisfy your sweet tooth by adding a cupcake pillow to your donut collection.*

Cupcake and video instructions at:

[blog.shannonfabrics.com/blog/how-to-sew-a-cupcake-pillow-video-tutorial-free-pattern](http://blog.shannonfabrics.com/blog/how-to-sew-a-cupcake-pillow-video-tutorial-free-pattern)



Remove  
Center Circle  
for Frosting &  
Donut Base

**Frosting • Cut 1**

Donut Pillow  
Print/Copy at 200%

**Donut Base • Cut 2**

Donut Pillow  
Print/Copy at 200%