



## How To Applique With Cuddle

### Supplies:

90/14 sewing machine needle  
(universal or stretch)  
Cuddle fabrics for appliqués and  
background

pressing cloth\*  
Steam-A-Seam® fusible web &  
steam iron

Midweight Tear/Wash away  
machine embroidery stabilizer  
505® Spray & Fix adhesive spray by  
ODIF

waste paper larger than appliqués  
(banner paper, blank newsprint)

\*can be a square of 100% cotton quilting fabric of light/neutral color

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When preparing to appliqué Cuddle fabrics, there are a couple things you need to consider. First, how large are the appliqués? This determines the method used for appliqué. If your appliqués are small the fusible method is great. However, if your appliqués are larger, you may want to use the spray adhesive method to keep the quilt from becoming stiff.

### **Fusible Appliqué:**

Draw or trace appliqué shapes onto paper side of fusible web.

Follow manufacturer's instructions for applying fusible web to fabric, using a pressing cloth. Make sure to test your iron temperature on a scrap of fabric first.

Cut out appliqués and peel away paper backing. Place appliqués on background fabric and steam-press in place using pressing cloth.

### **Non-Fusible Appliqué:**

Place the appliqués, wrong side up, on the waste paper.

Spray with 505® adhesive spray.

Place appliqués on background fabric and firmly press in place.

### **For All Appliqué Methods:**

Place a piece of machine embroidery stabilizer beneath background fabric so it doesn't warp while stitching appliqués in place.

Use a zigzag or blanket stitch to sew appliqués in place.

Gently tear away stabilizer so as not to pull stitches too much. If a small bit of stabilizer remains, it's fine. Most of it will wash out when you launder the quilt and won't create bulk.