



WEE ONE

29" x 29" Approximate Finished Size

Basic Supplies List

7 strips 5" x 30" quilt top

3 strips 2" x 60" binding

30" x 36" backing

30" x 36" batting

Spray adhesive

Flat Flower head pins

BASIC TECHNIQUE AND SEWING METHOD

This quilt is sewn with the Sew and Flip method. Each strip is sewn onto the foundation of the quilt, sewing through the strip, batting and backing- all in one step.

1. Lay the batting on a flat surface. Place the backing fabric centered exactly on top of the batting. Spray fusible adhesive to hold batting to backing fabric.
2. Smooth out all wrinkles. Fold in half keeping the 30" wide horizontally. Mark the center of the backing and batting piece.
3. Lay the desired middle strip of your quilt top centered on the marked line. Use spray adhesive to secure in place. Choose your next strip and place with right sides together lining up seam. Using a 3/8" to 1/2" seam allowance, stitch strip in place. You will be sewing through the strip you pinned, the middle strip and the batting and backing.
4. Smooth the strip, spray to hold in place and repeat this process to the other side of the center strip.
5. Continue to sew strips alternating from the center strip. Repeat the process of pinning new strips after you have fused the sewn strip down. Continue until all strips are sewn. Baste all edges down before adding binding to keep strips flat and even. Trim all edges to even up.
6. Bind with 2" strips sewn together. For binding instructions, please refer to our "Cuddle Binding Tips" on the Tips & Tricks section of our website.

For more information on using the Sew and Flip method and binding with Cuddle, visit www.shannonfabrics.com.