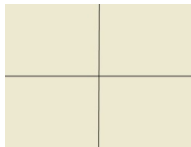


Sew and Flip Method

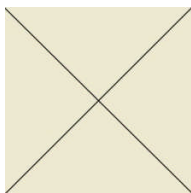
Prepare backing if necessary.

Cut batting to size listed on pattern.

For horizontal/vertical layout draw lines with a permanent marker (such as a Sharpie*) in the center of the batting both horizontally and vertically.



For a diagonal layout draw diagonal lines through the center of the batting.



Center on the backing fabric, with markings up, and fold in half with the batting in the middle.

Peel back the backing fabric and spray the unmarked side of the batting with adhesive.

Smooth the backing fabric over the glued batting easing out wrinkles as you go.

Lay out flat, batting side down. Move back the backing on the unglued side. Spray batting with adhesive and smooth the backing fabric back into place easing out wrinkles as you go.

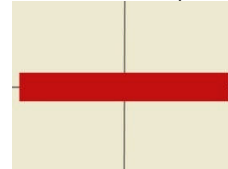
Turn batting side up.

Find the center of your first strip and mark with a pin.

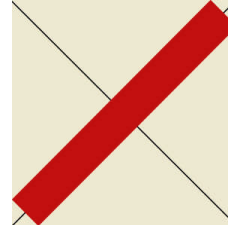
Spray adhesive on the batting, covering the center line, in an area about the width of your strip.

Place the strip in place, centering the pin on the vertical line, covering the horizontal line.

Horizontal Layout



Diagonal Layout



Place the second strip, right sides together, over the first and pin in place. Stitch down along one side.

Spray adhesive on the batting, covering an area the width of the strip.

Begin in the center of the strip and smooth outward, turning second strip over (right side up) positioning it in place. Smooth out wrinkles as you go.

Continue working from the center outward (in both directions) in this manner, adding the strips as the pattern requires.

Strips may be a solid piece of fabric or pieced.

* Sharpie ® Newell Rubbermaid Office Products